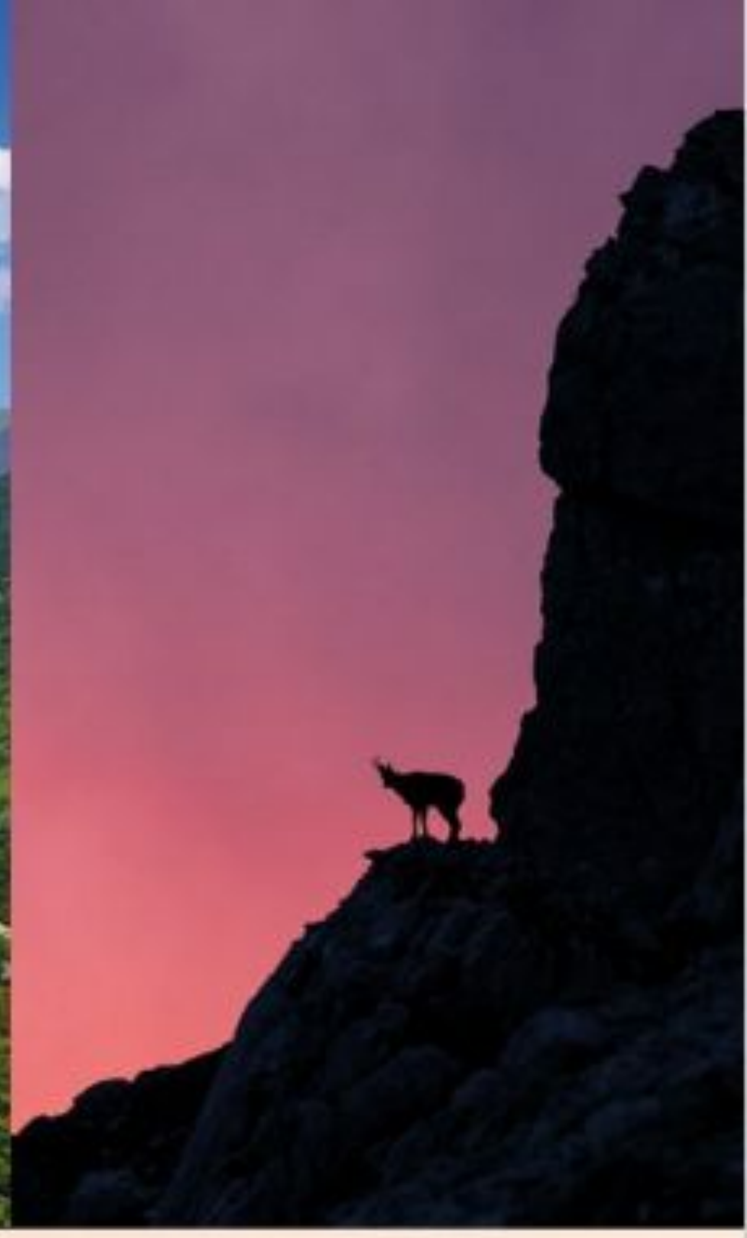
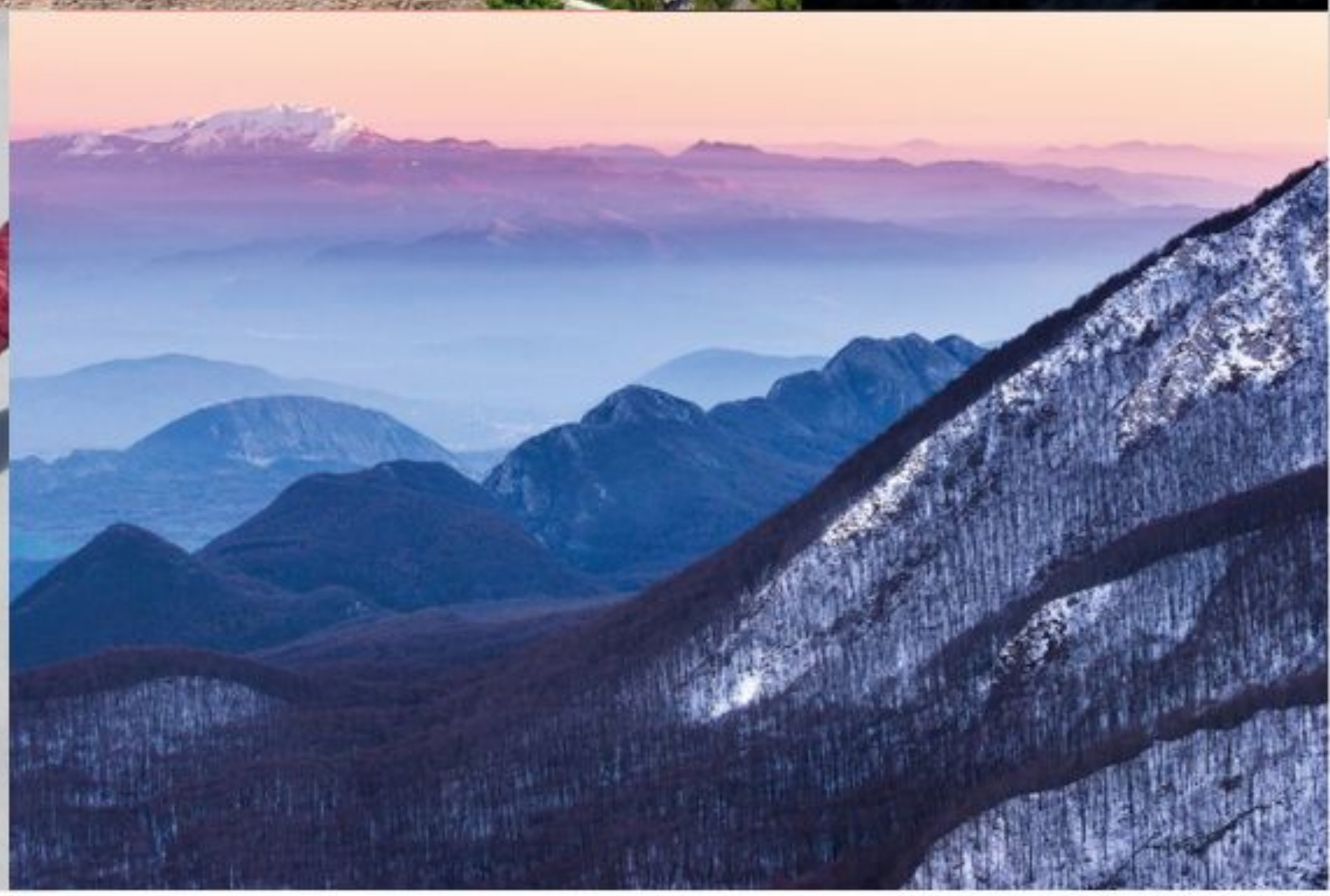
Bears, communities and beautiful landscapes in Italy's wild heart

Our journey through the Central Apennines rewilding area takes us across thousands of hectares of beautiful rugged mountains, deep valleys and extensive beech forest. This region of Italy is a biodiversity hotspot with abundant populations of iconic species such as brown bears, wolves, deer, wild boars and the endemic Apennine chamois.

Little villages still characterized by the traditional lifestyle of the people who live there provide a special mix of culture and nature that makes this area unique in Europe. During the trip we explore the wilderness and learn how to connect with and get closer to nature and its wildlife.

Together with nature guides we will explore the Park's wilderness, following the tracks of the large animals and learning how to move in the field and correctly approach the wildlife. In particular, we will focus our efforts on bears and wolves, while we will have good chances to see chamois, deers and wild boar. The long days in the field will be concluded with tasty meals from the world-famous Italian cuisine, a bottle of good wine in the friendly atmosphere of a very comfortable hotel or refuge.





Welcome to Abruzzo

Abruzzo, an ideal scenario for every passion.
Discover the wild heart of Italy with us!

In Abruzzo a third of the territory is set aside in protected areas. Three national parks, a regional park and more than 30 nature reserves. A visionary and tough decision by those who have made the environment their resource and will project Abruzzo into a leading green & responsible tourism role.

WILDLIFEADVENTURES
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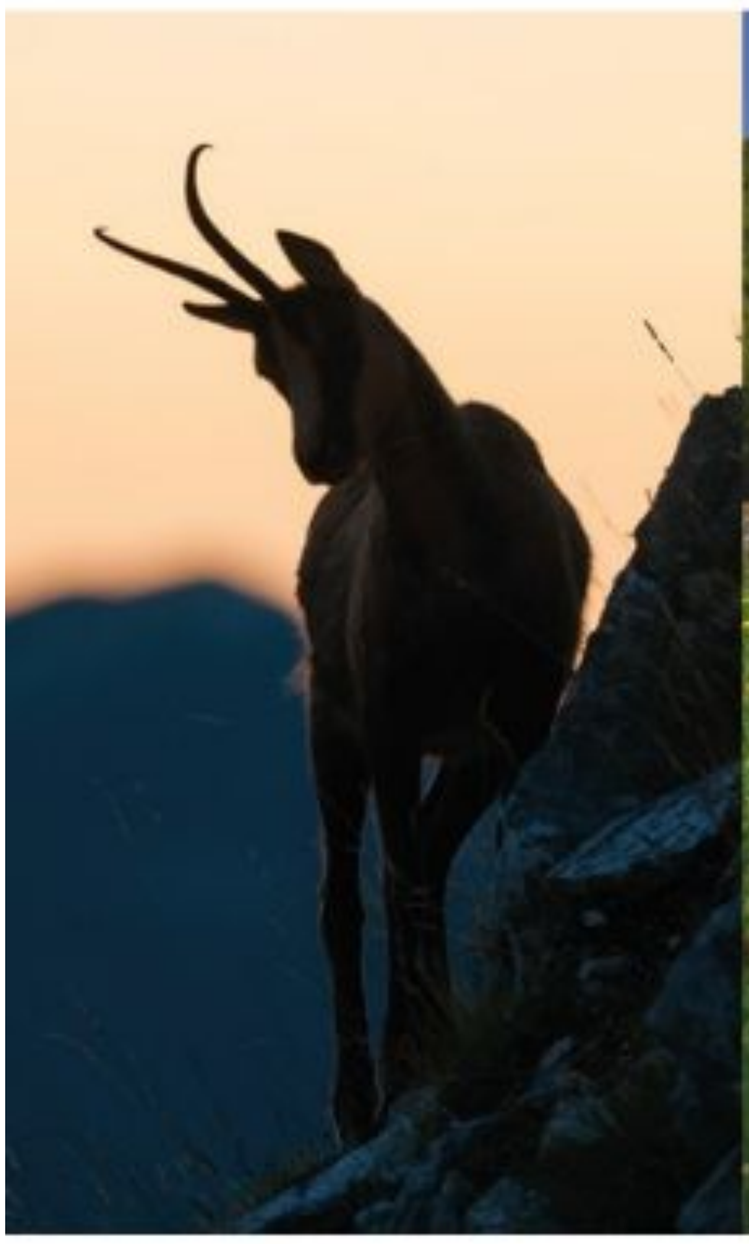
NP COLLECTION

Your Itinerary

Ramble through mountainous valleys and beech forests on the lookout for brown bears, wolves, chamois and golden eagles



DAY 1

The protection of natural heritage in Italy

You are greeted by our guide at the Wildlife Adventures offices in Pescasseroli. A rejuvenating talk about the trek activities into the Abruzzo, Lazio and Molise National Park will follow, to learn about the oldest national park in Italy. Enjoy local produce over dinner and recuperate, ready for an early morning of wildlife watching the following day.

DAY 2

The howl of the wolf at dusk

Wolves move early in the morning, in the mysterious early morning light, when the mountains are still and slumbering. After a coffee we will head out in search of these magnificent creatures, listening for their rippling howls through the valleys. The afternoon brings the opportunity to meet the local team of Salviamo L'Orso. We will learn about the ecology of Abruzzo, how the healthy ecosystems can be restored, and how we can secure a future for the Marsican brown bear.

DAY 3

Sights, smells, and sounds in the forests

Morning brings the start of a long journey to pristine, old-growth forests in the Abruzzo, Lazio and Molise National Parks, learning about this magnificent ecosystem. The hike will take us to the Terraegna Mountain Hut which is an unique, remote and eminently comfortable off-grid experience for wildlife watchers. As evening rolls round in the mountains, there is always the chance to spot the Marsican brown bear.

DAY 4

New rewilding areas

A stunning wildlife watching session at sunrise. Breakfast with local and organic products gives us the energy for a long hike along the impressive ridge of the Montagna Grande, at above two thousand meters elevation. With the woody slopes behind us, we will walk on the ridgeline separating the Abruzzo, Lazio and Molise National Park from the Genzana Mountain Reserve. Dinner at the mountain cabin and overnight stay.

DAY 5

Discovering Campo Imperatore

Morning light brings the chance to see wolves, bears and chamois. After breakfast we will descend from the mountains and reach the municipality of Bisegna. After lunch, we will rest in the gorgeous hotel before the evening walk to the old castle of Rocca Calascio. Dinner and overnight stay.

DAY 6

Cathedrals of Stone

We depart for a long hike to the saddle of Monte Aquila and Campo Pericoli at the foot of the Corno Grande (2,912 m), observing the panoramic the peaks in the Gran Sasso massif where we can easily spot Apennine Chamois. With the severe, imposing summit of the Corno Grande, the Gran Sasso massif guards Europe's southernmost glacier. Return to the hotel in the late afternoon, relax ready for dinner with locally grown produce.

DAY 7

Time to say our goodbyes

After breakfast and at the end of six truly fascinating days together with your guide and fellow nature lovers it's time to say goodbye.

Cost per person starting from € 2,800 per person based on 2 participants

- What's included:-
- 2 nights accommodation in the **Abruzzo National Park**
- 2 nights accommodation in the **Terraegna Mountain Refuge**
- 2 nights accommodation in the **Gran Sasso National Park**
- Dinners and breakfasts
- 1 official english-speaking guide for the entire duration
- Binoculars, headlamps, spotting scopes during all hikes
- Internal transfers

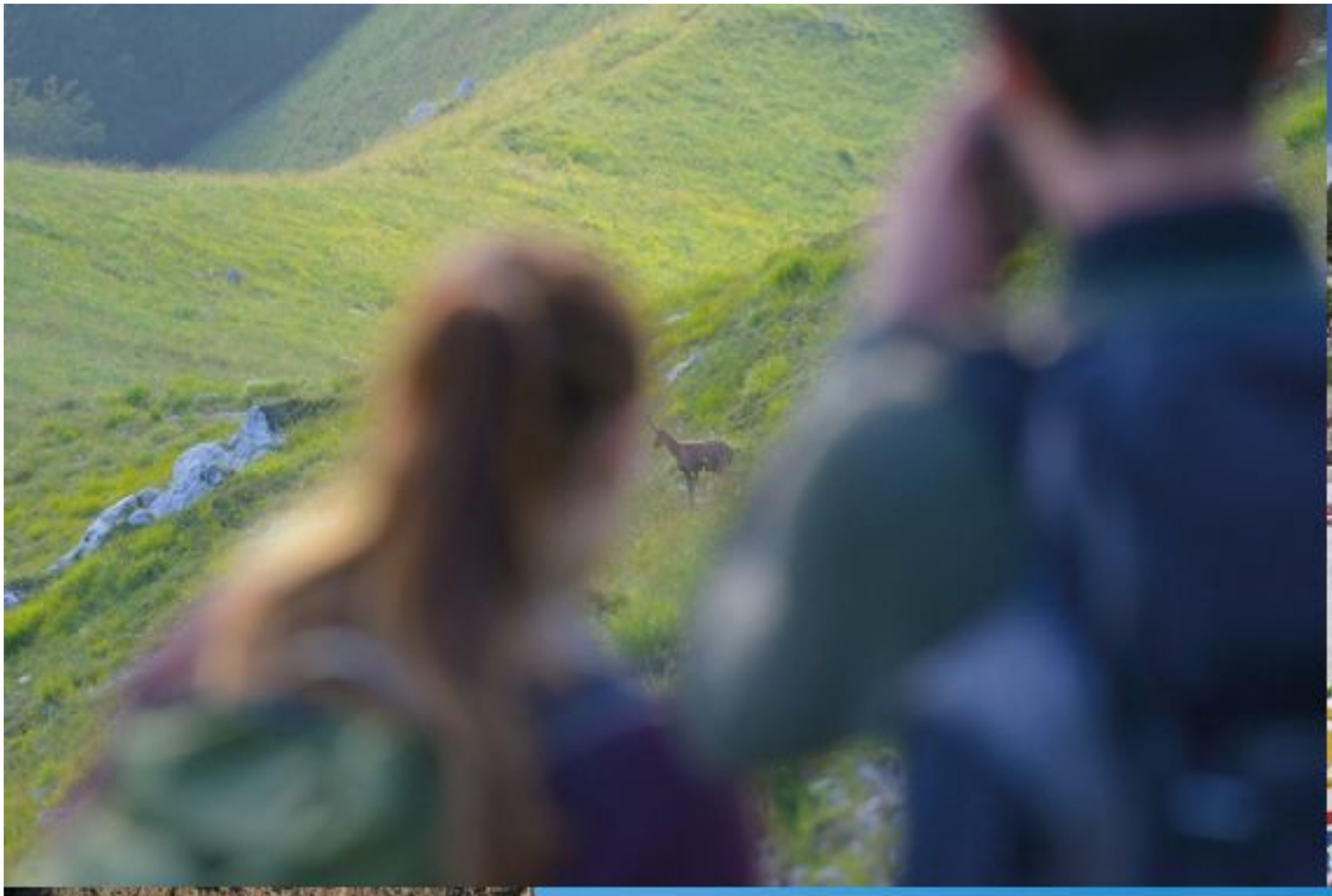
The above is a sample itinerary - we can create tailor made programs and retreats according to your requirements

A meaningful contribution to nature

Part of the cost of this specially curated journey to Abruzzo includes a donation to Salviamo l'Orso – a local NGO working to safely expand the population of Marsican brown bears. Their vital work is improving the quality and range of bear habitat, reducing human-wildlife conflict, and promoting sustainable nature-based entrepreneurship in the Abruzzo region.

SALVIAMO L'ORSO

www.salviamolorso.it/en/



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Representing & ambassador for

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Parco Nazionale d'Abruzzo Lazio e Molise

Mountain Leaders

Abruzzo made in nature, made in Italy